

# Twoscore Years

Fried de Metz Herman, 1986

The "Nederlandse Volksdans Stichting" is 40 years old: Hurrah!

Formation 4C longways set.

Music Scottish/Irish tunes – 18<sup>th</sup> cent. {40 bars: 32 bar jig (for instance Drummond Castle) & 8 bar reel}.

A1 1 – 4 Inside hands joined, partners lead up and fall back.

5 – 6 Face partner, fall back.

7 – 8 Come forward, cross over by R-shoulder.

A2 1 – 8 Repeat A1, leading down.

B1 1 – 4 R-shoulder chevron with R-diagonal dancer, **while** the two free endpeople cast into free places at other end of own line.

(Chevron R: *R-shoulder back to back with R-diagonal dancer finishing one place to the R in own line*).

5 – 8 All 1½ R-hand turn with opposite (all improper).

B2 1 – 8 Repeat B1, substituting L for each R (3-4-1-2 proper).

C 1 – 4 3<sup>rd</sup> C at top lead down to the bottom, **while** others fall back from partner, come forward one place up (4-1-2-3).

5 – 8 All set and turn single R.

Repeat the dance three more times:

2<sup>nd</sup> time: A1 & A2 (1 – 4) Siding.

3<sup>rd</sup> time: A1 & A2 (1 – 4) Arming R & L.

4<sup>th</sup> time: A1 & A2 (1 – 4) Back to back R-sh (A1 men arches; A2 women arches).

Recording:

CC: It's Easy, Hold the Mustard.

Published in:

- The Naked Truth, July 1986 by Fried de Metz Herman.
- Dansnieuws 1, January 1987.
- It's Easy, 1989 by Fried de Metz Herman.