

# NVS Double Five

Antony Heywood, 2001

(to celebrate the 55<sup>th</sup> anniversary of the NVS (Dutch Folk Dance Society))

Formation: Ten couples in a Sicilian circle, 1<sup>st</sup> couples face anticlockwise, 2<sup>nd</sup> couples face clockwise, but open out to start dance in a circle.

Music: Mozart Divertimento KV 563

- A1 1 – 4 Hands twenty, eight slips to the left (about half way round);  
5 – 8 All go a double into the centre and back.
- A2 1 – 8 All second couples go a double into the centre and back, and as they fall back, all five first women ladies' chain to the next first man who gives them an extra three-quarters courtesy turn to face in the original Sicilian circle direction. Four beats later (at the beginning of bar 5), all five second women ladies' chain to next second man and face in the original direction.
- B 1 – 4 Opposites back to back right shoulder.  
5 – 8 On the inside track, opposites gypsy clockwise once round and form a circle of ten facing the centre *while* the outside dancers cross right shoulder and loop left to face the other way.  
9 – 12 Inside ten (all the first men with their opposites - second women) circle to the left half way round and then immediately turn right to face out *while* the outsides do four changes of a grand chain.  
13 – 16 Partners swing and remake the circle.

Progression: The first couples have progressed one place anticlockwise, and the second couples one place clockwise.

Repeat the dance four times.

This dance was called Amadeus, written in 1991 inspired by Mozart's music as an eight couple Sicilian circle. In 2001 I made a ten-couple version called "NVS Double Five" to celebrate the 55th anniversary of the NVS (Dutch Folk Dance Society).

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